

Want to try rowing?

You, your friends, colleagues and fellow drinkers can at the:

Ironbridge Rowing Club Pub & Club Regatta 2010

Crews

You will need 4 people per boats, who have never rowed before. 4 male, or 4 female, or 2 male and 2 female.

Cost

£40 per crew. That's just £10 each, for 5 weekly training sessions: 1 on land, 4 on the water. Culminating in a race day.

Coaching Starts

Monday 15th March. Last date for entries is Friday 5th March. Regatta is on Saturday 24th April.

Family and Friends

Welcome to support you for the final racing event.

Barbecue

Food and drink on sale.

Evening Party

Free to competitors & coaches. £4 entry for friends and family.

Event includes a Virtual Rowing Competition on the race day!

Row as a crew indoors on rowing machines in a relay race using the latest state of the art technology!

Entry forms

For additional forms please call the club on 01952 432798, or download from our website: www.ironbridgerowingclub.co.uk

